

# Weekend Course Checklist

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**Thank you for choosing San Juan Sailing for your sailing instruction!  
We hope you will find this checklist helpful for your planning.**

## STUDYING

- The following texts (based on which weekend course you are taking) are to be used in conjunction with the course curriculum, found on our website.

ASA 101: *Sailing Made Easy* by ASA

ASA 103: *Coastal Cruising Made Easy* by ASA

ASA 104: *Bareboat Cruising Made Easy* by ASA

ASA 114: *Cruising Catamarans Made Easy* by ASA

ASA 118: *Docking Techniques* by Tom Tursi

You can order online through the ASA store

<http://store.asa.com>, at Amazon or from your library. All books are also available on through iTunes and iBooks. If you call ASA at 310-822-9557 or email

[njackson@asa.com](mailto:njackson@asa.com), you will receive a discount when you mention you are taking classes with San Juan Sailing.

- Plan to arrive having fully prepared, reviewing the text along with the course curriculum, so that you're ready for written exam. You'll be too busy with hands on sailing to spend hours studying!

## ABOUT YOUR CLASS

- Classes start 9am Saturday and end 5pm Sunday. Please arrive by 8:45am on Saturday, to check in for your course.
- All food provided for your weekend. Please complete student survey, so that we are aware of any food restrictions. Sailing can be a rigorous endeavor, particularly when learning. Be prepared to be very active while on a moving boat. If you are very sedentary, it would be a good idea to start a moderate exercise program including some upper body training.
- Alcoholic beverages (2 drink maximum) are allowed at dock or at anchor. We do not provide them, but feel free to bring your own.
- Many people ask us if it is a common practice to tip their instructors. It is. Tip size varies quite a bit and is left to your discretion. 10-15% is common or \$25/day.

## TRAVEL

- Written directions to SJS are located below.
- Hertz and Avis offer one day/one way car rentals with no drop-off fee between the Sea/Tac and Bellingham airports.
- There are several connection flights offered daily by Horizon Air, between Bellingham & SeaTac.
- The Airporter Shuttle provides van service between SeaTac and Bellingham ([www.airporter.com](http://www.airporter.com)).

## PACKING

- When packing, think layered and compressible. Soft bags rather than hard luggage please!
- Packing list:
  - We provide all bedding (comforter, pillow and linens). You are welcome to bring your own sleeping bag or extra blanket if you prefer. Bring warm clothes for sleeping, esp. in spring/fall, as heat is off at night.
  - Earplugs (to block out sound at night, if needed)
  - Bath and hand towel and personal toiletries
  - Windbreaker (soft shell works well)
  - Fleece top
  - Wool socks
  - Layered clothing – polypropylene long underwear
  - Warm cap or hat and shorts
  - Sailing gloves (optional)
  - Sunscreen and chapstick with SPF
  - Sunglasses and if applicable, reading glasses
  - Rain gear (need not be expensive)
  - Soft-soled non-marking shoes (deck shoes are preferred). Bring an extra pair for going ashore on the dinghy. Boots, water shoes or chacos/teva sandals are good options.
  - Textbooks for course
  - Calculator and mechanical pencil with eraser
  - "Cigarette charger"/adapter for your cell phone
  - Optional: Camera, music
  - We provide vest-style PFD's (personal flotation)



## Directions to San Juan Sailing

Drive north on I-5 from Seattle. Take exit 256A "Meridian Street" once you reach Bellingham. Left onto Meridian Street. Right onto Squalicum Way immediately after driving over railroad tracks. Follow Squalicum down to waterfront. Right on Coho Way after driving over railroad tracks again. Straight down towards the water. Turn right at the 4-way stop in the parking area and you should see our office.

For more on travel: <http://www.sanjuansailing.com/charters/getting-here.html>

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